



IN THE COMPANY OF GUIDES

Alpine Climbing Gear List

SKI and TECHNICAL EQUIPMENT

Skis With Alpine Touring bindings: We recommend [Touring skis](#) with a waist between 90 cm and 106cm. Skis should be equipped with touring binding, preferably [tech style bindings](#).

Avalanche Beacon: Your [beacon](#) should be a modern digital beacon. Come with new batteries in your beacon as well as one extra set.

Ski Poles: Three section [collapsible poles](#) are preferred, snow baskets nec.

Climbing Skins: [Skins](#) need to be in good condition and cut to fit your ski.

Ski Touring Boot: [Boots](#) need to be compatible with your bindings. Boots must have a walk mode.

Ice Axe: [We recommend](#) a modern mountaineering ice axe that is size appropriate.

Crampons: [Crampons](#) need to have a good fit with your boots. Horizontal front points and anti-balling plates.

Ski Crampons: [Ski Crampons](#) must be compatible with you bindings and ski waist width.

Alpine Climbing Harness: [We recommend](#) a modern alpine harness featuring gear loops and a belay loop.

Belay Device: [Basic tube-style device](#) that can accept a variety of rope

diameters. **4 Locking Carabiners:** Large [pear shaped auto lockers](#) are preferred.

6 Standard Carabiners: Light and [modern wire gate](#) are preferred.

50 feet of cord: [6mm](#). If you have rescue prussik's or a few slings they can be used in place of some of this cord. a min. of 30 feet is needed for sled rigging etc.

FOOTWEAR

Mountain Boots: [We hopefully won't need these for climbing](#), but you will likely want something other than your ski boots for camp and as a back up.

Ski Touring Boot: [Boots](#) need to be compatible with your bindings. Boots must have a walk mode.

Insulated Overboots: [This is the only overboot](#) I know of that works well with ski boots. Modifications are still necessary. [This one may work as well](#).

Down Booties: The warmer the better.

Socks: 3-4 pair medium weight [wool or synthetic socks](#).

GLOVES

2 Pair Liner gloves: Should be [thin enough glove](#) to fit inside expedition glove or mitt.

Mid-Weight Insulated Glove: A [well fitting glove](#) with with light insulation, good dexterity and leather palm.

Expedition Gloves: Well insulated, water resistant [glove with leather](#)

[palm](#). **Insulated Mitten:** We like the warmth to weight ratio of a [good](#)

[mitten](#).

HEAD

Sun Hat: Whatever style sun hat you prefer for providing shade. Its nice if it fits under your helmet.

Beanie: A [mid to lightweight beanie](#).

Facemask: [good face covering](#) for to protect against cold wind.

Buff: This [lightweight neck gaiter](#) is very useful and versatile.

Sun Glasses: CAT 3-4 full coverage [sunglasses](#).

Goggles: We really like [goggles](#) with changeable lenses for use in bright and low light.

UPPER BODY

Hardshell Jacket: This jacket should have a hood, be [lightweight and fully waterproof](#).

Soft Shell Jacket: This is your “Go” jacket, a wind and water resistant layer that adds a bit of insulation. You’ll wear this jacket all the time. I like [something mid weight](#) for the Blanc.

Light Weight Puffy: A [lightly insulated synthetic puffy](#).

Down Parka: A light construction [800 fill down Jacket](#) w/ hood.

Base Layers: A [light](#) and [mid weight](#) base layer. One of each gives the most options.

Synthetic Hoody: Any non cotton t-shirt will do, We like these for approaches and as an added layer.

LOWER BODY

Hard Shell: You are likely to want more than one pair of pants, We recommend a [light option](#) and a more [waterproof option](#).

Bottom Base Layer: You will want at least two pair of [bottoms](#).

Insulated pants: These [insulated pants](#) for added warmth.

PERSONAL GEAR

Climbing Pack: 70-100 liter climbing backpack, simple [light weight climbing specific Backpacks](#) are important.

Cache Bag: [35 Liter waterproof bag](#) for Caching personal gear

Large Sled Duffel: [This bag](#) will be used on your sled for personal and group

gear **Sleeping Bag:** -20c or warmer Degree [sleeping bag](#)

Sleeping Pad: We recommend an insulated [blow up pad](#)

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Sleeping pad: A [closed cell foam](#) pad adds insulation and security

Pee Bottle: Wide mouth and at least a liter.

Water bottle and Thermos. Both a [water bottle](#) and a [hydration system](#) are recommended.

Cup spoon and bowl: Mug for hot drinks, bowl for meals and utensil to eat with 3

Personal Electronics: Camera, headphones, phone, external battery, small solar panel



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