

PATAGONIA SKI TOUR GEAR LIST

PATAGONIA VOLCANOES SKI TOUR In The Company of Guides

SKI AND TECHNICAL GEAR ITEMS

- Skis With Alpine Touring bindings: We recommend a light touring ski with a waist between 98cm and 106. Skis should be equipped with touring binding, preferably tech style bindings.
- **<u>Ski Poles</u>**: We recommend an <u>adjustable pole</u> with extended grip
- **<u>Climbing Skins</u>**: <u>Skins</u> need to be in good condition and cut to fit your ski.
- **<u>Ski Touring Boot</u>**: <u>Boots</u> need to be compatible with your bindings. Boots must have a walk mode.
- **Ski Crampons**: Ski Crampons must be compatible with your bindings and ski waist width.
- <u>Boot Crampons</u>: We highly recommend <u>aluminum crampons</u>. Make sure they work with your ski boots
- <u>Harness</u>: <u>Harness</u> must fit over ski clothing, be light weight and in good condition. You should also have 2 locking carabiners and a belay device.
- Ice Axe: Ice Axe needs to be light weight and short (Less than 55cm)

SAFETY GEAR ITEMS

• **Ski Backpack**: A good ski pack should be light weight and have a dedicated pocket for your avalanche rescue gear and be between 35-50 liters.

- <u>Avalanche Rescue Gear</u>: You will need a <u>shovel</u> and <u>probe</u>. The Shovel should have an extendable handle, an aluminum blade and fit into you pack without sticking out. Make sure your probe is in working order.
- <u>Avalanche Beacon</u>: Your<u>beacon</u> should be a modern digital beacon. Come with new batteries in your beacon as well as one extra set.
- **<u>Ski Helmet</u>**: While we don't require you to ski with a <u>helmet</u> we do highly recommend it.

CLOTHING / FOR HEAD

- **<u>Beanie</u>**: You might want to bring 2 just incase. We recommend one light and one medium weight <u>Beanie</u>.
- **<u>Buff/Neck Gaiter:</u>** We recommend a <u>lightweight buff</u> as it has many uses.
- Goggles: We really like <u>goggles</u> with changeable lenses for use in bright and low light. They should also be compatible with your helmet.
- **Sun Glasses**: Even if you always prefer to ski in goggles, <u>sun glasses</u> are needed for the up. Goggles will get fogged with sweat.

CLOTHING / FOR HANDS

- <u>Warm Gloves</u>: How warm depends on you. We recommend a durable well fitting <u>ski glove</u>.
- <u>Light Gloves</u>: lighter weight <u>gloves</u> are recommended for hiking up to reduce sweating.

CLOTHING - UPPER BODY

- *Hard Shell Jacket*: Waterproof/breathable jacket with ventilation.
- Light Insulating Jacket: Breathable light insulating jacket.
- <u>Mid to Heavy Insulating Jacket</u>: Temps can be cold, You will be happy for a nice warm jacket.
- **Top Base Layer**: You will want at least 2 base layer tops. We really like <u>sun</u> <u>hoodies</u> to check this box.

CLOTHING / LOWER BODY

- <u>Ski Pants</u>: You are likely to want more than one pair of pants, We recommend a <u>light option</u> and a more <u>waterproof option</u>.
- **Bottom Base Layer:** You will want at least two pair of bottoms.

<u>CLOTHING / BOOTS</u>

- **Ski Boots**: Also listed above under technical gear.
- <u>Ski Socks</u>: At least 3 pair of whatever you normally use. We prefer light weight socks
- <u>Insulated Boot</u>: I like a light snow boot for before and after skiing. Easy/off, comfortable and warm

Personal Items

- **Sunscreen**: 50 spf or greater. Make sure your tube is not old as sunscreen can loose it's effectiveness over time
- Lip Screen: Make sure it has spf
- **Small First Aid Kit**: This should contain blister repair material, over the counter pain killers and a few bandaids. We will have a full sized med kit on the boat as well as field kits with the guides.
- *Personal toiletries*: Toothbrush, Paste, razor, Shampoo and soap etc.
- <u>Travel/Casual Clothing</u>: You know what to bring
- *Smart Phone/Laptop/Camera*: The photo ops are great!



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